HAPPINESS CHRONICLES

Namaste,

Today, entrepreneurs are more interested in making a difference, than just earning profits. Purpose has often become a driving factor for growth.

In fact, if we only focused on revenue and profits, then many people who quietly serve society would get excluded for their impact.

I believe the true measure of leadership is revealed in how we empower others, create opportunities, and bring compassion into our choices.

This week's reflections invite you to lead with purpose and compassion.

Podcast: The Happiness Hour

Episode 40 : From Care to Capability, Redefining Disability.

🎧 Listen Now

In this episode of The Happiness Hour, I had a truly thought provoking and inspiring conversation with Archana Chandra, Board Member and CEO of Jai Vakeel Foundation. Her journey demonstrates how purpose-driven leadership can create lasting social change and impact. Through her work in disability inclusion and systemic change, Archana shares what it truly means to lead with compassion, responsibility and unwavering commitment to a greater cause.

We reflected on:

- Moving from care to capability and creating opportunites that empower every individual with dignity and inclusion.
- Building systems that outlast individuals and why meaningful leadership is measured by the impact it creates for future generations.
- Balancing purpose with action, and how service, humility, and self-awareness shape authentic leadership.
- Making invisibile communities visible and leading with the courage to create change that truly matters.

This conversation is a reminder that authentic leadership is not defined by position or recognition. It is shaped by the commitment to create lasting change that empowers others and leaves the world a better place.

Watch and listen to this full episode of The Happiness Hour with Ashu Khanna on:

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The Inner View

Leadership Will Always Have Waves.

Life will always bring uncertainty. We cannot eliminate the waves. We can however, develop the capacity to respond with awareness. Through my own journey, I realised that authentic leadership is not about controlling every outcome. It is about developing the inner steadiness to navigate change with clarity and understanding.

When we stop resisting uncertainty and begin understanding our patterns, our leadership transforms. We become less reactive, more present, and better equipped to lead ourselves and others through complexity. The strongest leaders are not those who avoid challenges; they are the ones who meet them with curiosity, trust, and a willingness to grow.

Leadership is not measured by how calm the waters become. It is measured by the steadiness we cultivate within ourselves, no matter what lies ahead.

👉 Read the full blog and reflect on the wave your leadership is inviting you to navigate...

Insight Corner

Your Best Decision Is Already Within You

There are moments when uncertainty and self-doubt make it difficult to know what to do next. We seek advice, gather information, and listen to different perspectives, yet the noise can make clarity harder to find. Great leaders know when to pause, step back, and look within. Data can inform a decision, but awareness helps us understand what truly feels right.

Take a pause to create space for stillness and reconnect with the inner clarity to guide your next step.

👉 Watch the video and pause before your next important decision.

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Echoes of Truth

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A Glimpse into my Journey

Book Spotlight: I Am Abundance

(Chapter 23 : Make a Difference)

When we get focused on personal ambition, it is limited and exclusive in scope and is filled with fear. In such an environment, success becomes temporary and ridden with stress.

Whereas, when we focus on a mission to make a difference, it is wider and inclusive as it is inspired by higher ideals. In such a scenario, we feel free from the tangles of external pressures of outcomes and thus, life becomes more process oriented than result oriented.

📖 Explore the book and deepen your awareness, one reflection at a time

Buy now on amazon

As you move through this week, may you recognise the potential within yourself and those around you.

May your leadership be guided by purpose, strengthened by resilience, and expressed through compassion.

May each choice you make contribute to a more inclusive and meaningful future.

Warmly,

Ashu Khanna
Reimagine possibilities

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